



Steven Arbit, M.D.

BIO

Steven Arbit, M.D. was born and raised in the Detroit area. After graduating medical school from Wayne State University, he completed a three year Internal Medicine Residency at Sinai Hospital in Detroit. He then finished a second three-year residency in Physical Medicine & Rehabilitation (PM&R) also at Sinai. During his final year he was named Chief Resident.

Since finishing his training, he has focused his practice to the outpatient care of the musculoskeletal system including non-operative diagnosis and treatment of musculoskeletal issues, spine care and Fibromyalgia. He has been trained in the pain management techniques of acupuncture, Botox injections and PRP.

Dr. Arbit is the Chief of PM&R at Huron-Valley Sinai Hospital. He is Assistant Professor in PM&R at Wayne State University School of Medicine as well as Michigan State University School of Osteopathic Medicine. He is active in teaching students and residents from both of those universities.

ABOUT

Specialties

Physical Medicine and Rehabilitation

Affiliations

DMC Huron Valley Sinai Hospital, McLaren Oakland, Ascension Rochester, Lake Huron Medical Center, McLaren Port Huron

Education

Wayne State University School of Medicine

Board Certifications

Physical Medicine and Rehabilitation, EMG

LOCATIONS

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